Fruit & Veg Month is underway!

Week 1 (1 - 5 Sept) : Apples
The 1st of September marks the beginning of Fruit and Veg Month. Funding was sourced and the school purchased slow cookers, blenders, slinky machines and apple dividers. 1 x Red Apple per child in Years 1 – 6 will handed out during week one. The following is planned for the rest of the month:-

Week 2 (8 – 12 Sept) : Green Day
Children come dressed to school in green and bring along something green and healthy to eat (green apple, pear, kiwi fruit, celery, snow peas, sprouts, lettuce, avocado, beans). WHEN: Wednesday 10 September.

Week 3 (15 – 19 Sept) : The Great Aussie Crunch
Students bring along something super crunchy to eat for recess (apple or carrot) and at the same time in the day everyone “crunches”.
WHEN: Tuesday 16 September

Week 4 (22 – 26 Sept) : Fruit and Veg Jokes
Throughout the week, students use the templates that will supplied to write an appropriate Fruit or Veg related joke to share. The jokes will go on display in the library on boards that a Health Committee team member organises. The whole school will then be able to look at these boards when they come to the library.
WHEN: Throughout week