Emotional Awareness
Creative Therapies for Children

A five session program for children to help understand and manage emotions, emotional reactions and behavioural responses, is being held at

BUNBURY COUNSELLING
(Level 2 Bunbury Plaza Offices, 123 Spencer Street, Bunbury)

STARTING TERM 1!!
From February 15th to 15th March 2017
Every Wednesday at 4pm-5pm

Support Your Child to Learn:
➢ Emotions: What are they?
➢ Emotional Problems
➢ What leads to Escalated Emotions
➢ Emotional Baselines©
➢ What are my Emotions
➢ Escalated Emotions and Maintaining Control
➢ Lowering the Emotional Baseline

Registration Fee: - FREE with a GP Referral or $250 for a 5 week program

WHO IS RUNNING IT?
This course is being run by Bunbury Counselling practitioners who are social workers, mental health consultants, family and child counsellors; parent educators and experienced therapists.

For more information or to register
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